



TOKUI KARATE UNION

(WADO-RYU KARATE-DO)

Web Site:- www.tokuikarateunion.co.uk



ENNERDALE KARATE CLUB

The Ennerdale Karate Club is a member of the Tokui Karate Union which is **ERCAS accredited** and affiliated to the **English Karate Federation**. Chief Instructor **Sensei Mike Sutcliffe** 7th Dan Black Belt with 36 years Karate experience and holds an NVQ Level 3 City and Guilds Qualifications in Sport and Recreation. All Instructors are police checked hold current First Aid Qualifications. The club meets in the Studio At the Ennerdale Leisure Centre Sutton Road Hull Hu76ea

Monday 6.30 pm - 7.30 pm Mixed Class 6 years + above

Friday 6.30 pm - 7.30 pm Mixed Class 6 years + above

Friday 7.30 pm - 8.30 pm Instructors Discretion

Juniors and seniors in 6.30-7.30 class £3.00

Juniors and seniors in 6.30-8.30 class £4.00 (Friday only)

The above prices now include admission to centre

There is no membership fee, but a Karate Licence is required after a couple of weeks. The cost of the licence is £15.00 for juniors and seniors. Licences are renewable every year. This includes Insurance and affiliation to the Governing Body. The starting age is 6 years old. Loose, comfortable clothing can be worn until a Karate Suit is purchased. Suits can be purchased through the club at 2/3 rds of the cost of sportswear shops. The club is involved with regular competitions and gradings with other TKU clubs.

For further information contact Mike on 01482 898095.

Mobile 07865054787